



35-39 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Standard			40	
	C&J	Standard			50	
	Total	Standard			90	
49	Snatch	Christine Koesler (48.80)	1981	Franklin, MA	42	10/6/2018
	C&J	Christine Koesler (48.80)	1981	Franklin, MA	66	10/6/2018
	Total	Christine Koesler (48.80)	1981	Franklin, MA	108	10/6/2018
55	Snatch	Amy Richardson (54.95)	1985	Denver, CO	75	12/2021
	C&J	Amy Richardson (54.95)	1985	VIRTUAL	93	9/2020
	Total	Amy Richardson (54.95)	1985	Denver, CO	166	12/2021
59	Snatch	Stephanie Jefferson (58.70)	1985	Salem, MA	69	2/15/2020
	C&J	Stephanie Jefferson (58.70)	1985	Salem, MA	83	2/15/2020
	Total	Stephanie Jefferson (58.70)	1985	Salem, MA	152	2/15/2020
64	Snatch	Lauryn Ginsburg (63.63)	1985	Enfield, CT	77	1/19/2020
	C&J	Lauryn Ginsburg (63.63)	1985	Enfield, CT	100	1/19/2020
	Ttoal	Lauryn Ginsburg (63.63)	1985	Enfield, CT	177	1/19/2020
71	Snatch	Elsbeth Paige-Jeffers (68.50)	1988	Arlington, MA	84	4/27/2025
	C&J	Elsbeth Paige-Jeffers (68.95)	1988	Berwick, ME	110	9/2/2024
	Total	Elsbeth Paige-Jeffers (68.95)	1988	Berwick, ME	190	9/2/2024
76	Snatch	Kevin Hurley (73.48)	1982	Hudson, MA	88	9/3/2022
	C&J	Kevin Hurley (73.48)	1982	Hudson, MA	106	9/3/2022
	Total	Kevin Hurley (73.48)	1982	Hudson, MA	194	9/3/2022
81	Snatch	Courtney Sims (80.67)	1987	Orlando, FL	90	12/10/2022
	C&J	Carly Best (80.17)	1987	Hudson, MA	108	9/28/2024
	Total	Courtney Sims (80.20)	1987	Orlando, FL	193	4/24/2022
87	Snatch	Kali Fernandez (87.00)	1989	Dover, NH	68	5/11/2024
	C&J	Kali Fernandez (87.00)	1989	Dover, NH	87	5/11/2024
	Total	Kali Fernandez (87.00)	1989	Dover, NH	155	5/11/2024
87+	Snatch	Michelle Follett (99.40)	1988	Westerly, RI	82	12/17/2023
	C&J	Michelle Follett (99.40)	1988	Westerly, RI	100	12/17/2023
	Total	Michelle Follett (99.40)	1988	Westerly, RI	182	12/17/2023



40-44 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Standard			37	
	C&J	Standard			49	
	Total	Standard			86	
49	Snatch	Standard			38	
	C&J	Standard			49	
	Total	Standard			86	
55	Snatch	Lauren Haley (54.45)	1982	Franklin, MA	58	2/18/2024
	C&J	Lauren Haley (54.45)	1982	Franklin, MA	73	2/18/2024
	Total	Lauren Haley (54.45)	1982	Franklin, MA	131	2/18/2024
59	Snatch	Giselle Araujo (58.81)	1979	Salt Lake City, UT	79	12/2019
	C&J	Giselle Araujo (58.81)	1979	Franklin, MA	92	7/27/2019
	Total	Giselle Araujo (58.81)		Franklin, MA	170	7/27/2019
64	Snatch	Giselle Araujo (62.75)	1979	Orlando, FL	76	3/2019
	C&J	Danamarie Movsessian (63.35)	1979	Orlando, FL	91	8/2021
	Ttoal	Giselle Araujo (62.75)	1979	Orlando, FL	166	8/2021
71	Snatch	Stephanie Jefferson (69.53)	1985	Kils for K9s	72	1/12/2025
	C&J	Stephanie Jefferson (69.53)	1985	Orlando, FL	92	1/12/2025
	Total	Stephanie Jefferson (69.53)	1985	Salt Lake City, UT	164	1/12/2025
76	Snatch	Meira Hauser (74.70)	1982	Orlando, FL	80	12/7/2022
	C&J	Meira Hauser (75.43)	1982	Hudson, MA	103	9/24/2023
	Total	Meira Hauser (74.70)	1982	Orlando, FL	180	12/7/2022
81	Snatch	Janelle Saville (78.70)	1978	Beverly, MA	61	7/17/2021
	C&J	Standard			82	
	Total	Janelle Saville (78.70)	1978	Beverly, MA	135	7/17/2021
87	Snatch	Janell Saville (81.10)	1978	Orlando, FL	57kg	3/2021
	C&J	Standard			83	
	Total	Standard			133	
87+	Snatch	Nicolle Durkee (100.05)	1984	Berwick, ME	69	9/2/2024
	C&J	Nicolle Durkee (98.14)	1984	Beverly, MA	84	7/20/2024
	Total	Nicolle Durkee (98.14)	1984	Beverly, MA	152	7/20/2024



45-49 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Standard			35	
	C&J	Standard			48	
	Total	Standard			83	
49	Snatch	Standard			37	
	C&J	Standard			49	
	Total	Standard			86	
55	Snatch	Elizabeth Burkhart (54.50)	1974	Montreal, CANADA	60	8/2019
	C&J	Elizabeth Burkhart (55.00)	1974	Salem, MA	73	2/15/2020
	Total	Elizabeth Burkhart (54.50)	1974	Montreal, CANADA	128	8/2019
59	Snatch	Amy Farrell (58.09)	1974	Concord, NA	66	4/1/2023
	C&J	Amy Farrell (58.85)	1974	Franklin, MA	85	10/28/2023
	Total	Amy Farrell (58.85)	1974	Franklin, MA	149	10/28/2023
64	Snatch	Sarah Barlow (64.00)	1978	Hudson, MA	50	9/23/2023
	C&J	Sarah Barlow (63.98)	1978	Beverly, MA	71	7/15/2023
	Total	Sarah Barlow (63.98)	1978	Beverly, MA	120	7/15/2023
71	Snatch	Kathryn Nutter (69.30)	1977	Salt Lake City, UT	76	4/22/2022
	C&J	Kathryn Nutter (69.30)	1977	Salt Lake City, UT	93	4/22/2022
	Total	Kathryn Nutter (69.30)	1977	Salt Lake City, UT	169	4/22/2022
76	Snatch	Jennifer Jasper (71.75)	1972	VIRTUAL	72	9/2020
	C&J	Jennifer Jasper (71.75)	1972	VIRTUAL	88	9/2020
	Total	Jennifer Jasper (71.75)	1972	VIRTUAL	160	9/2020
81	Snatch	Kathryn Hulse (78.75)	1977	Rochester, NH	60	4/22/2023
	C&J	Kathryn Hulse (78.75)	1977	Rochester, NH	82	4/22/2023
	Total	Kathryn Hulse (78.75)	1977	Rochester, NH	142	4/22/2023
87	Snatch	Paula Habel (86.43)	1979	Hudson, MA	63	9/28/2024
	C&J	Paula Habel (86.23)	1979	2024 North American Open Finals	85	12/5/2024
	Total	Paula Habel (86.23)	1979	2024 North American Open Finals	147	12/5/2024
87+	Snatch	Standard			50	
	C&J	Standard			78	
	Total	Standard			128	



50-54 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Standard			34	
	C&J	Standard			45	
	Total	Standard			79	
49	Snatch	Alexandra Weill (48.60)	1968	Orlando, FL	50	8/2021
	C&J	Alexandra Weill (48.60)	1968	Orlando, FL	61	8/2021
	Total	Alexandra Weill (48.60)	1968	Orlando, FL	111	8/2021
55	Snatch	Alexandra Weill (52.60)	1968	Orlando, FL	49	6/2019
	C&J	Alexandra Weill (52.60)	1968	Orlando, FL	60	6/2019
	Total	Alexandra Weill (52.60)	1968	Orlando, FL	109	6/2019
59	Snatch	Stephanie Baker (57.50)	1969	Franklin, MA	40	10/5/2019
	C&J	Maria Licopoli (57.00)	1968	Salem, MA	64	2/15/2020
	Total	Maria Licopoli (57.00)	1968	Salem, MA	104	2/15/2020
64	Snatch	Jody Waring (59.25)	1970	Columbus, OH	49	3/3/2022
	C&J	Lauren Herrmann (64.00)	1970	Salem, MA	68	4/22/2023
	Ttoal	Lauren Herrmann (64.00)	1970	Salem, MA	116	4/22/2023
71	Snatch	Laura Matuszak (69.12)	1972	Somerville, MA	62	6/25/2022
	C&J	Laura Matuszak (69.12)	1972	Somerville, MA	78	6/25/2022
	Total	Laura Matuszak (69.12)	1972	Somerville, MA	140	6/25/2022
76	Snatch	Standard			41	
	C&J	Standard			65	
	Total	Standard			106	
81	Snatch	Standard			34	
	C&J	Standard			45	
	Total	Standard			79	
87	Snatch	Andrea Whalen (83.60)	1968	8 HYBRID	67	5/2021
	C&J	Andrea Whalen (83.60)	1968	Salem, MA	85	2/15/2020
	Total	Andrea Whalen (83.60)	1968	8 HYBRID	150	5/2021
87+	Snatch	Pamela Brooks (95.95)	1967	Orlando, FL	53	3/2021
	C&J	Pamela Brooks (99.25)	1967	Orlando, FL	76	3/2021
	Total	Pamela Brooks (99.25)	1967	Orlando, FL	129	3/2021



55-59 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Standard			33	
	C&J	Standard			44	
	Total	Standard			77	
49	Snatch	Standard			34	
	C&J	Sarah Wong (48.45)	1962	Montreal, CANADA	45	8/2019
	Total	Standard			79	
55	Snatch	Standard			35	
	C&J	Sarah Wong (50.85)	1962	Orlando, FL	48	6/2019
	Total	Standard			81	
59	Snatch	Standard			36	
	C&J	Standard			47	
	Total	Standard			83	
64	Snatch	Miriam Smith (62.68)	1963	Boston, MA	39	7/2019
	C&J	Dara Zuckernick (63.60)	1969	Bow, NH	53	1/18/2025
	Ttoal	Dara Zuckernick (63.60)	1969	Bow, NH	90	1/18/2025
71	Snatch	Miriam Smith (65.60)	1963	National Masters Championships	40	4/21/2022
	C&J	Lori Aleks-Rico	1968	National Masters Championships	53	3/16/2023
	Total	Lori Aleks-Rico	1968	National Masters Championships	93	3/16/2023
76	Snatch	Christine Ravener (74.79)	1961	Salt Lake City, UT	50	3/2019
	C&J	Christine Ravener (76.00)	1961	W. Boylston, MA	66	1/26/2020
	Total	Christine Ravener (74.79)	1961	Salt Lake City, UT	115	3/2019
81	Snatch	Christine Ravener (77.85)	1961	Montreal, CANADA	49	8/2019
	C&J	C&J Christine Ravener (78.20)	1961	Orlando, FL	65	6/2019
	Total	Christine Ravener (78.20)	1961	Orlando, FL	113	6/2019
87	Snatch	Cindy Briggs (83.63)	1965	IWF World Masters Championships	52	12/3/2022
	C&J	Cindy Briggs (83.63)	1965	IWF World Masters Championships	70	12/3/2022
	Total	Cindy Briggs (83.63)	1965	IWF World Masters Championships	122	12/3/2022
87+	Snatch	Pamela Brooks (101.90)	1967	IWF World Masters Championships	53	12/3/2022
	C&J	Pamela Brooks (105.85)	1967	National Masters Championships	80	3/16/2023
	Total	Pamela Brooks (101.85)	1967	National Masters Championships	133	3/16/2023



60-64 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Margaret Franklin (44.20)	1959	VIRTUAL	39	9/2020
	C&J	Margaret Franklin (44.20)	1959	VIRTUAL	45	9/2020
	Total	Margaret Franklin (44.20)	1959	VIRTUAL	84	9/2020
49	Snatch	Margaret Franklin (46.73)	1959	New Haven, CT	30	4/7/2019
	C&J	Margaret Franklin (46.73)	1962	New Haven, CT	38	4/7/2019
	Total	Margaret Franklin (46.73)	1959	New Haven, CT	68	4/7/2019
55	Snatch	Jackie Brown (53.70)	1961	HYBRID	28	5/2021
	C&J	Standard			39	
	Total	Standard			66	
59	Snatch	Jane Burns (58.20)	1961	Freehold, NJ	36	3/23/2025
	C&J	Jane Burns (59.00)	1961	Hartford, CT	49	5/7/2023
	Total	Jane Burns (59.00)	1961	Hartford, CT	84	5/7/2023
64	Snatch	Christine Ravener (63.24)	1961	Hudson, MA	41	9/23/2023
	C&J	Christine Ravener (63.15)	1961	Boise, ID	57	3/26/2025
	Ttoal	Christine Ravener (63.15)	1961	Boise, ID	98	3/26/2025
71	Snatch	Christine Ravener (70.00)	1961	Franklin, MA	43	10/23/2022
	C&J	Christine Ravener (70.00)	1961	Franklin, MA	60	10/23/2022
	Total	Christine Ravener (70.00)	1961	Franklin, MA	103	10/23/2022
76	Snatch	Christine Ravener (74.80)	1961	Orlando, FL	47	3/2021
	C&J	Christine Ravener (74.80)	1961	Orlando, FL	64	3/2021
	Total	Christine Ravener (74.80)	1961	Orlando, FL	111	3/2021
81	Snatch	Christine Ravener (77.60)	1961	Reno, NV	46	11/2021
	C&J	Christine Ravener (77.60)	1961	Reno, NV	62	11/2021
	Total	Christine Ravener (77.60)	1961	Reno, NV	108	11/2021
87	Snatch	Laurie Colbourn (80.56)	1965	Somerville, MA	40	1/12/2025
	C&J	Laurie Colbourn (80.56)	1965	Somerville, MA	62	1/12/2025
	Total	Laurie Colbourn (80.56)	1965	Somerville, MA	102	1/12/2025
87+	Snatch	Standard			40	
	C&J	Standard			51	
	Total	Standard			91	



65-69 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Standard			23	
	C&J	Standard			35	
	Total	Standard			58	
49	Snatch	Standard			24	
	C&J	Standard			36	
	Total	Standard			60	
55	Snatch	Standard			26	
	C&J	Standard			38	
	Total	Standard			64	
59	Snatch	Standard			28	
	C&J	Standard			42	
	Total	Standard			70	
64	Snatch	Standard			31	
	C&J	Standard			45	
	Ttoal	Standard			76	
71	Snatch	Standard			34	
	C&J	Standard			46	
	Total	Standard			80	
76	Snatch	Standard			35	
	C&J	Standard			47	
	Total	Standard			82	
81	Snatch	Standard			36	
	C&J	Standard			48	
	Total	Standard			84	
87	Snatch	Standard			37	
	C&J	Standard			49	
	Total	Standard			86	
87+	Snatch	Standard			38	
	C&J	Standard			50	
	Total	Standard			88	



70-74 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Open				
	C&J	Open				
	Total	Open				
49	Snatch	Jane Higgins (48.65)	1948	Montreal, CANADA	28	8/2019
	C&J	Jane Higgins (48.65)	1948	Montreal, CANADA	37	8/2019
	Total	Jane Higgins (48.65)	1948	Montreal, CANADA	65	8/2019
55	Snatch	Jane Higgins (50.96)	1948	Essex Junction, VT	30	12/2018
	C&J	Jane Higgins (50.75)	1948	Orlando, FL	39	6/2019
	Total	Jane Higgins (50.75)	1948	Orlando, FL	68	6/2019
59	Snatch	Open				
	C&J	Open				
	Total	Open				
64	Snatch	Open				
	C&J	Open				
	Total	Open				
71	Snatch	Open				
	C&J	Open				
	Total	Open				
76	Snatch	Open				
	C&J	Open				
	Total	Open				
81	Snatch	Open				
	C&J	Open				
	Total	Open				
87	Snatch	Open				
	C&J	Open				
	Total	Open				
87+	Snatch	Open				
	C&J	Open				
	Total	Open				



75-79 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Open				
	C&J	Open				
	Total	Open				
49	Snatch	Open				
	C&J	Open				
	Total	Open				
55	Snatch	Open				
	C&J	Open				
	Total	Open				
59	Snatch	Open				
	C&J	Open				
	Total	Open				
64	Snatch	Open				
	C&J	Open				
	Total	Open				
71	Snatch	Open				
	C&J	Open				
	Total	Open				
76	Snatch	Open				
	C&J	Open				
	Total	Open				
81	Snatch	Open				
	C&J	Open				
	Total	Open				
87	Snatch	Open				
	C&J	Open				
	Total	Open				
87+	Snatch	Open				
	C&J	Open				
	Total	Open				



80-84 Masters Women's Records



Class	Lift	Name	Year of Birth	Location/Meet	Weight	Date
45	Snatch	Open				
	C&J	Open				
	Total	Open				
49	Snatch	Open				
	C&J	Open				
	Total	Open				
55	Snatch	Open				
	C&J	Open				
	Total	Open				
59	Snatch	Open				
	C&J	Open				
	Total	Open				
64	Snatch	Open				
	C&J	Open				
	Total	Open				
71	Snatch	Open				
	C&J	Open				
	Total	Open				
76	Snatch	Open				
	C&J	Open				
	Total	Open				
81	Snatch	Open				
	C&J	Open				
	Total	Open				
87	Snatch	Open				
	C&J	Open				
	Total	Open				
87+	Snatch	Open				
	C&J	Open				
	Total	Open				