



## 35-39 Masters Women's Records



| Class | Lift   | Name                          | Representing        | Location/Meet               | Weight | Date      |
|-------|--------|-------------------------------|---------------------|-----------------------------|--------|-----------|
| 48    | Snatch | Standard                      |                     |                             | 51     |           |
|       | C&J    | Standard                      |                     |                             | 65     |           |
|       | Total  | Standard                      |                     |                             | 116    |           |
| 53    | Snatch | Standard                      |                     |                             | 57     |           |
|       | C&J    | Standard                      |                     |                             | 74     |           |
|       | Total  | Standard                      |                     |                             | 133    |           |
| 58    | Snatch | Standard                      |                     |                             | 59     |           |
|       | C&J    | Standard                      |                     |                             | 78     |           |
|       | Total  | Standard                      |                     |                             | 136    |           |
| 63    | Snatch | Standard                      |                     |                             | 60     |           |
|       | C&J    | Standard                      |                     |                             | 78     |           |
|       | Total  | Standard                      |                     |                             | 139    |           |
| 69    | Snatch | Elsbeth Paige-Jeffers (66.75) | York County Barbell | Bay State Games             | 80     | 7/19/2025 |
|       | C&J    | Elsbeth Paige-Jeffers (67.30) | York County Barbell | USAW National Championships | 103    | 6/28/2025 |
|       | Total  | Elsbeth Paige-Jeffers (66.75) | York County Barbell | Bay State Games             | 183    | 7/19/2025 |
| 77    | Snatch | Standard                      |                     |                             | 64     |           |
|       | C&J    | Standard                      |                     |                             | 81     |           |
|       | Total  | Standard                      |                     |                             | 143    |           |
| 86    | Snatch | Standard                      |                     |                             | 64     |           |
|       | C&J    | Standard                      |                     |                             | 80     |           |
|       | Total  | Standard                      |                     |                             | 141    |           |
| 86+   | Snatch | Standard                      |                     |                             | 65     |           |
|       | C&J    | Standard                      |                     |                             | 81     |           |
|       | Total  | Standard                      |                     |                             | 142    |           |



## 40-44 Masters Women's Records



| Class | Lift   | Name                        | Representing           | Location/Meet       | Weight | Date      |
|-------|--------|-----------------------------|------------------------|---------------------|--------|-----------|
| 48    | Snatch | Standard                    |                        |                     | 49     |           |
|       | C&J    | Standard                    |                        |                     | 65     |           |
|       | Total  | Standard                    |                        |                     | 116    |           |
| 53    | Snatch | Standard                    |                        |                     | 49     |           |
|       | C&J    | Standard                    |                        |                     | 64     |           |
|       | Total  | Standard                    |                        |                     | 115    |           |
| 58    | Snatch | Lauren Haley (56.82)        | Rose Barbell Club      | Bay State Games     | 65     | 7/19/2025 |
|       | C&J    | Lauren Haley (56.82)        | Rose Barbell Club      | Bay State Games     | 76     | 7/19/2025 |
|       | Total  | Lauren Haley (56.82)        | Rose Barbell Club      | Bay State Games     | 141    | 7/19/2025 |
| 63    | Snatch | Standard                    |                        |                     | 57     |           |
|       | C&J    | Standard                    |                        |                     | 76     |           |
|       | Total  | Standard                    |                        |                     | 134    |           |
| 69    | Snatch | Lauryn Ginsburg (68.11)     | Wormtown Weightlifting | Bay State Games     | 74     | 7/19/2025 |
|       | C&J    | Stephanie Jefferson (68.20) | PAWSitive Barbell Club | Adirondack Series I | 90     | 7/27/2025 |
|       | Total  | Stephanie Jefferson (68.20) | PAWSitive Barbell Club | Adirondack Series I | 164    | 7/27/2025 |
| 77    | Snatch | Standard                    |                        |                     | 58     |           |
|       | C&J    | Standard                    |                        |                     | 74     |           |
|       | Total  | Standard                    |                        |                     | 130    |           |
| 86    | Snatch | Standard                    |                        |                     | 62     |           |
|       | C&J    | Standard                    |                        |                     | 74     |           |
|       | Total  | Standard                    |                        |                     | 137    |           |
| 86+   | Snatch | Standard                    |                        |                     | 61     |           |
|       | C&J    | Standard                    |                        |                     | 75     |           |
|       | Total  | Standard                    |                        |                     | 142    |           |



## 45-49 Masters Women's Records



| Class | Lift   | Name     | Representing | Location/Meet | Weight | Date |
|-------|--------|----------|--------------|---------------|--------|------|
| 48    | Snatch | Standard |              |               | 42     |      |
|       | C&J    | Standard |              |               | 50     |      |
|       | Total  | Standard |              |               | 90     |      |
| 53    | Snatch | Standard |              |               | 42     |      |
|       | C&J    | Standard |              |               | 52     |      |
|       | Total  | Standard |              |               | 94     |      |
| 58    | Snatch | Standard |              |               | 46     |      |
|       | C&J    | Standard |              |               | 58     |      |
|       | Total  | Standard |              |               | 106    |      |
| 63    | Snatch | Standard |              |               | 51     |      |
|       | C&J    | Standard |              |               | 62     |      |
|       | Total  | Standard |              |               | 114    |      |
| 69    | Snatch | Standard |              |               | 53     |      |
|       | C&J    | Standard |              |               | 64     |      |
|       | Total  | Standard |              |               | 119    |      |
| 77    | Snatch | Standard |              |               | 58     |      |
|       | C&J    | Standard |              |               | 76     |      |
|       | Total  | Standard |              |               | 135    |      |
| 86    | Snatch | Standard |              |               | 52     |      |
|       | C&J    | Standard |              |               | 66     |      |
|       | Total  | Standard |              |               | 116    |      |
| 86+   | Snatch | Standard |              |               | 49     |      |
|       | C&J    | Standard |              |               | 65     |      |
|       | Total  | Standard |              |               | 114    |      |



## 50-54 Masters Women's Records



| Class | Lift   | Name     | Representing | Location/Meet | Weight | Date |
|-------|--------|----------|--------------|---------------|--------|------|
| 48    | Snatch | Standard |              |               | 33     |      |
|       | C&J    | Standard |              |               | 41     |      |
|       | Total  | Standard |              |               | 76     |      |
| 53    | Snatch | Standard |              |               | 42     |      |
|       | C&J    | Standard |              |               | 49     |      |
|       | Total  | Standard |              |               | 93     |      |
| 58    | Snatch | Standard |              |               | 42     |      |
|       | C&J    | Standard |              |               | 53     |      |
|       | Total  | Standard |              |               | 95     |      |
| 63    | Snatch | Standard |              |               | 46     |      |
|       | C&J    | Standard |              |               | 58     |      |
|       | Total  | Standard |              |               | 107    |      |
| 69    | Snatch | Standard |              |               | 45     |      |
|       | C&J    | Standard |              |               | 59     |      |
|       | Total  | Standard |              |               | 105    |      |
| 77    | Snatch | Standard |              |               | 49     |      |
|       | C&J    | Standard |              |               | 59     |      |
|       | Total  | Standard |              |               | 108    |      |
| 86    | Snatch | Standard |              |               | 47     |      |
|       | C&J    | Standard |              |               | 56     |      |
|       | Total  | Standard |              |               | 104    |      |
| 86+   | Snatch | Standard |              |               | 46     |      |
|       | C&J    | Standard |              |               | 57     |      |
|       | Total  | Standard |              |               | 110    |      |



## 55-59 Masters Women's Records



| Class | Lift   | Name     | Representing | Location/Meet | Weight | Date |
|-------|--------|----------|--------------|---------------|--------|------|
| 48    | Snatch | Standard |              |               | 28     |      |
|       | C&J    | Standard |              |               | 36     |      |
|       | Total  | Standard |              |               | 65     |      |
| 53    | Snatch | Standard |              |               | 40     |      |
|       | C&J    | Standard |              |               | 48     |      |
|       | Total  | Standard |              |               | 89     |      |
| 58    | Snatch | Standard |              |               | 35     |      |
|       | C&J    | Standard |              |               | 45     |      |
|       | Total  | Standard |              |               | 79     |      |
| 63    | Snatch | Standard |              |               | 42     |      |
|       | C&J    | Standard |              |               | 52     |      |
|       | Total  | Standard |              |               | 96     |      |
| 69    | Snatch | Standard |              |               | 41     |      |
|       | C&J    | Standard |              |               | 51     |      |
|       | Total  | Standard |              |               | 94     |      |
| 77    | Snatch | Standard |              |               | 42     |      |
|       | C&J    | Standard |              |               | 51     |      |
|       | Total  | Standard |              |               | 91     |      |
| 86    | Snatch | Standard |              |               | 39     |      |
|       | C&J    | Standard |              |               | 51     |      |
|       | Total  | Standard |              |               | 91     |      |
| 86+   | Snatch | Standard |              |               | 44     |      |
|       | C&J    | Standard |              |               | 58     |      |
|       | Total  | Standard |              |               | 93     |      |



## 60-64 Masters Women's Records



| Class | Lift   | Name     | Representing | Location/Meet | Weight | Date |
|-------|--------|----------|--------------|---------------|--------|------|
| 48    | Snatch | Standard |              |               | 30     |      |
|       | C&J    | Standard |              |               | 37     |      |
|       | Total  | Standard |              |               | 67     |      |
| 53    | Snatch | Standard |              |               | 29     |      |
|       | C&J    | Standard |              |               | 39     |      |
|       | Total  | Standard |              |               | 71     |      |
| 58    | Snatch | Standard |              |               | 35     |      |
|       | C&J    | Standard |              |               | 42     |      |
|       | Total  | Standard |              |               | 79     |      |
| 63    | Snatch | Standard |              |               | 36     |      |
|       | C&J    | Standard |              |               | 45     |      |
|       | Total  | Standard |              |               | 82     |      |
| 69    | Snatch | Standard |              |               | 34     |      |
|       | C&J    | Standard |              |               | 44     |      |
|       | Total  | Standard |              |               | 80     |      |
| 77    | Snatch | Standard |              |               | 35     |      |
|       | C&J    | Standard |              |               | 46     |      |
|       | Total  | Standard |              |               | 81     |      |
| 86    | Snatch | Standard |              |               | 34     |      |
|       | C&J    | Standard |              |               | 44     |      |
|       | Total  | Standard |              |               | 79     |      |
| 86+   | Snatch | Standard |              |               | 37     |      |
|       | C&J    | Standard |              |               | 44     |      |
|       | Total  | Standard |              |               | 81     |      |



## 65-69 Masters Women's Records



| Class | Lift   | Name     | Representing | Location/Meet | Weight | Date |
|-------|--------|----------|--------------|---------------|--------|------|
| 48    | Snatch | Standard |              |               | 21     |      |
|       | C&J    | Standard |              |               | 30     |      |
|       | Total  | Standard |              |               | 52     |      |
| 53    | Snatch | Standard |              |               | 22     |      |
|       | C&J    | Standard |              |               | 32     |      |
|       | Total  | Standard |              |               | 56     |      |
| 58    | Snatch | Standard |              |               | 24     |      |
|       | C&J    | Standard |              |               | 33     |      |
|       | Total  | Standard |              |               | 59     |      |
| 63    | Snatch | Standard |              |               | 35     |      |
|       | C&J    | Standard |              |               | 44     |      |
|       | Total  | Standard |              |               | 80     |      |
| 69    | Snatch | Standard |              |               | 30     |      |
|       | C&J    | Standard |              |               | 44     |      |
|       | Total  | Standard |              |               | 77     |      |
| 77    | Snatch | Standard |              |               | 30     |      |
|       | C&J    | Standard |              |               | 41     |      |
|       | Total  | Standard |              |               | 72     |      |
| 86    | Snatch | Standard |              |               | 23     |      |
|       | C&J    | Standard |              |               | 30     |      |
|       | Total  | Standard |              |               | 53     |      |
| 86+   | Snatch | Standard |              |               | 32     |      |
|       | C&J    | Standard |              |               | 45     |      |
|       | Total  | Standard |              |               | 78     |      |



## 70-74 Masters Women's Records



| Class | Lift   | Name | Representing | Location/Meet | Weight | Date |
|-------|--------|------|--------------|---------------|--------|------|
| 48    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 53    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 58    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 63    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 69    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 77    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 86    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 86+   | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |





## 75-79 Masters Women's Records



| Class | Lift   | Name | Representing | Location/Meet | Weight | Date |
|-------|--------|------|--------------|---------------|--------|------|
| 48    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 53    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 58    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 63    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 69    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 77    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 86    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 86+   | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |



## 80-84 Masters Women's Records



| Class | Lift   | Name | Representing | Location/Meet | Weight | Date |
|-------|--------|------|--------------|---------------|--------|------|
| 48    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 53    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 58    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 63    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 69    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 77    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 86    | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |
| 86+   | Snatch | Open |              |               |        |      |
|       | C&J    | Open |              |               |        |      |
|       | Total  | Open |              |               |        |      |